

# 2<sup>nd</sup> INTERNATIONAL CONFERENCE ON THE PREVENTION OF ALZHEIMER'S DISEASE (ICOPAD26) Brain Health Services Scale Up

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**Geneva, February 11-12, 2026**

Hôpitaux universitaires de Genève, Auditoire Jenny  
Rue Gabrielle-Perret-Gentil 4, 1205 Genève



Organisers



Partner



# Background and objectives

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The first Conference on Brain Health Services for the Prevention of Cognitive Impairment and Dementia was held in Geneva in February 2024. In these second-generation memory clinics, cognitively unimpaired persons are assessed for their risk of developing cognitive impairment or dementia, are communicated their risk level, and receive interventions to reduce risk of impairment or even enhance their cognitive performance<sup>1</sup>. The results of the conference was a document outlining the challenges and opportunities to their implementation in the clinic<sup>2</sup>.

ICOPAD26 is the continuation of this effort and will convene those experts who are developing programs to deliver these interventions in clinical practice. Participants will learn about the conceptual framework underlying the notions of risk assessment, risk communication, risk reduction, and cognitive enhancement in cognitively unimpaired persons. They will also hear the experience of early adopters and how the concept is being implemented in the clinic, including the use of blood biomarkers, lifestyle interventions, and amyloid lowering and other prevention strategies. A workshop among early adopters (by invitation only) will close the event.

Abstracts for oral presentations and posters are welcome. Please access the website for submission until September 15, 2025.



<https://www.icopad.ch/en/background-and-objectives>

## Useful readings

1. Frisoni GB, Altomare D, Ribaldi F, Villain N, Brayne C, Mukadam N, et al. Dementia prevention in memory clinics: recommendations from the European task force for brain health services. *Lancet Reg Health Eur.* 2023;26:100576.
2. Frisoni GB, Ribaldi F, Allali G, Bieth T, Brioschi Guevara A, Cappa S, et al. Brain health services for the secondary prevention of cognitive impairment and dementia: Opportunities, challenges, and the business case for existing and future facilities. *J Prev Alzheimers Dis.* 2025:100098.

# Programme

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## INTERNATIONAL CONFERENCE

For healthcare professionals, registration required

**February 11, 1:30 – 6:00 pm**

**1:30 Welcome address**

**1:50 The vision of the 2024 BHS conference and the continuity into ICOPAD26**

Giovanni B. FRISONI, Miia KIVIPELTO

**2:15 Risk assessment and communication in cognitively unimpaired person in clinical practice**

*Chair: Federica Ribaldi and Claudio BASSETTI*

2:15 Cumulative risk calculations with population-based data  
Naaheed MUKADAM

2:35 Blood-based biomarkers  
Niklas MATTSSON-CARLGREN

2:55 Risk communication  
Leonie VISSER

**3:15 Break**

**4:10 Risk reduction in clinical practice**

*Chair: Giovanni B. FRISONI and Miia KIVIPELTO*

4:10 What's new in multidomain interventions  
Augusto MENDES

4:30 Monoclonal antibodies and other drugs for cognitively unimpaired and presymptomatic individuals  
Eric MCDADE

**4:50 Cognitive enhancement in clinical practice**

*Chair: Giovanni B. FRISONI and Miia KIVIPELTO*

Non-invasive brain stimulation techniques for cognitively unimpaired individuals

**5:10 Comprehensive eHEALTH solutions for secondary prevention**

Remote solutions for the implementation of dementia prevention strategies  
Kaarin ANSTEY

**5:30 Closing session**

General discussion and closing remarks  
Giovanni B. FRISONI, Miia KIVIPELTO

**February 12, 8:30 am - 12:30 pm**

**8:30 Opening, setting agenda**

Federica RIBALDI

**8:40 Clinical roadmap**

*Chair: Frank JESSEN*

8:40 Pilot experiences

Federica RIBALDI

9:20 Challenges & feasibility

Stefano CAPPA

9:30 Funding & sustainability

Oriol GRAU

9:40 Joint European BHS initiatives

Ayda ROSTAMZADEH

**10:00 Break**

**10:30 Oral communications**

**11:30 Discussion**

**12:20 Closing session**

General discussion and closing remarks  
Giovanni B. FRISONI, Miia KIVIPELTO

**12:30 Lunch**

## **WORKSHOP**

By invitation only

### **February 12, 2:00 – 4:00 pm**

Hands-on session where small groups from pilot experiences will discuss protocols and activities. This will include sharing best practices, addressing implementation challenges, exploring solutions, and planning strategies. The submission of grants for the implementation of European joint projects will also be discussed.

# Invited speakers

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**Claudio Bassetti**, Professor, Chair of the Swiss Brain Health Plan, Past President of the European Academy of Neurology, Professor and Dean of the Faculty of Medicine at the University of Bern

**Stefano Cappa**, Professor of Neuropsychology, Vita Salute S. Raffaele, University of Milano

**Giovanni B. Frisoni**, Professor, Director of the Memory Center at HUG, Geneva

**Oriol Grau**, MD, PhD, Leader of the Clinical and Risk Factors for Neurodegenerative Diseases Research Group at the BarcelonaBeta Brain Research Center, Barcelona

**Frank Jessen**, Professor, Director of the Memory Clinic at the University Hospital, Cologne

**Miia Kivipelto**, Professor, Director of the Center for Alzheimer Research at Karolinska, Institute, Stockholm

**Francesca Mangialasche**, MD, PhD, Geriatrician, Aging Research Center, Dpt of Neurobiology Care Sciences and Society, Karolinska Institutet, Stockholm

**Augusto Mendes**, PhD, Senior Postdoctoral Researcher at the Memory Center at HUG, Geneva

**Naaheed Mukadam**, Associate Professor, Principal research fellow, Mental health of older people, Division of Psychiatry, University College London

**Niklas Mattsson-Carlgren**, MD, PhD, Associate Professor, Deputy research team manager, Clinical Memory Research at Lund University

**Federica Ribaldi**, PhD, Assistant Professor at the Memory Center at HUG, Geneva

**Ayda Rostamzadeh**, MD, Director of the Cologne Alzheimer's Prevention Center at Cologne University Hospital, Cologne

**Reisa Sperling**, Neurologist, Professor at Harvard Medical School, Boston MA, US

**Leonie Visser**, PhD, Senior Researcher in Medical Communication at Amsterdam UMC, Amsterdam NL, and the Karolinska Institute, Stockholm.

**This programme is not final and maybe subject to change.**