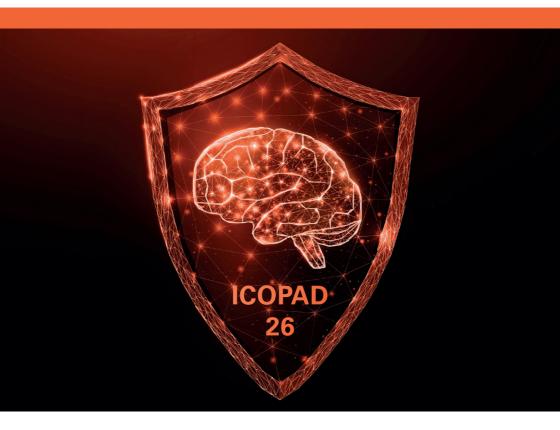
2nd INTERNATIONAL CONFERENCE

ON THE PREVENTION OF ALZHEIMER'S DISEASE (ICOPAD26) Brain Health Services Scale Up

Geneva, February 11-12, 2026

Hôpitaux universitaires de Genève, Auditoire Jenny Rue Gabrielle-Perret-Gentil 4, 1205 Genève











Background and objectives

The first Conference on Brain Health Services for the Prevention of Cognitive Impairment and Dementia was held in Geneva in February 2024. In these second-generation memory clinics, cognitively unimpaired persons are assessed for their risk of developing cognitive impairment or dementia, are communicated their risk level, and receive interventions to reduce risk of impairment or even enhance their cognitive performance ¹. The results of the conference was a document outlining the challenges and opportunities to their implementation in the clinic².

ICOPAD26 is the continuation of this effort and will convene those experts who are developing programs to deliver these interventions in clinical practice. Participants will learn about the conceptual framework underlying the notions of risk assessment, risk communication, risk reduction, and cognitive enhancement in cognitively unimpaired persons. They will also hear the experience of early adopters and how the concept is being implemented in the clinic, including the use of blood biomarkers, lifestyle interventions, and amyloid lowering and other prevention strategies. A workshop among early adopters (by invitation only) will close the event.

Abstracts for oral presentations and posters are welcome. Please access the website for submission until September 15, 2025.



https://www.icopad.ch/en/background-and-objectives

Useful readings

- 1. Frisoni GB, Altomare D, Ribaldi F, Villain N, Brayne C, Mukadam N, et al. Dementia prevention in memory clinics: recommendations from the European task force for brain health services. *Lancet Reg Health Eur.* 2023;26:100576.
- Frisoni GB, Ribaldi F, Allali G, Bieth T, Brioschi Guevara A, Cappa S, et al. Brain health services for the secondary prevention of cognitive impairment and dementia: Opportunities, challenges, and the business case for existing and future facilities. *J Prev Alzheimers Dis.* 2025:100098.

Programme

INTERNATIONAL CONFERENCE

For healthcare professionals, registration required

Februar	y 11	, 1:30 –	6:00	pm
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1.30	۱۸/۰	1	address
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1:50 The vision of the 2024 BHS conference and the continuity into ICOPAD26

Giovanni B. FRISONI, Miia KIVIPELTO

2:15 Risk assessment and communication in cognitively unimpaired person in clinical practice

Chair: Federica Ribaldi and Claudio BASSETTI

- 2:15 Cumulative risk calculations with population-based data Naaheed MUKADAM
- 2:35 Blood-based biomarkers
 Niklas MATTSSON-CARLGREN
- 2:55 Risk communication Leonie VISSER

3:15 Break

4:10 Risk reduction in clinical practice

Chair: Giovanni B. FRISONI and Miia KIVIPELTO

- 4:10 What's new in multidomain interventions Augusto MENDES
- 4:30 Monoclonal antibodies and other drugs for cognitively unimpaired and presymptomatic individuals

 Eric MCDADE

4:50 Cognitive enhancement in clinical practice

Chair: Giovanni B. FRISONI and Miia KIVIPELTO

Non-invasive brain stimulation techniques for cognitively unimpaired individuals

5:10 Comprehensive eHEALTH solutions for secondary prevention

Remote solutions for the implementation of dementia prevention strategies

Kaarin ANSTEY

5:30 Closing session

General discussion and closing remarks Giovanni B. FRISONI, Miia KIVIPELTO

February 12, 8:30 am - 12:30 pm

8:30 Opening, setting agenda Federica RIBALDI

8:40 Clinical roadmap Chair: Frank JESSEN

8:40 Pilot experiences Federica RIBALDI

9:20 Challenges & feasibility Stefano CAPPA

9:30 Funding & sustainability
Oriol GRAU

9:40 Joint European BHS initiatives Ayda ROSTAMZADEH

10:00 Break

10:30 Oral communications

11:30 Discussion

12:20 Closing session

General discussion and closing remarks Giovanni B. FRISONI, Miia KIVIPELTO

12:30 Lunch

WORKSHOP

By invitation only

February 12, 2:00 - 4:00 pm

Hands-on session where small groups from pilot experiences will discuss protocols and activities. This will include sharing best practices, addressing implementation challenges, exploring solutions, and planning strategies. The submission of grants for the implementation of European joint projects will also be discussed.

Invited speakers

Claudio Bassetti, Professor, Chair of the Swiss Brain Health Plan, Past President of the European Academy of Neurology, Professor and Dean of the Faculty of Medicine at the University of Bern

Stefano Cappa, Professor of Neuropsychology, Vita Salute S. Raffaele, University of Milano

Giovanni B. Frisoni, Professor, Director of the Memory Center at HUG, Geneva

Oriol Grau, MD, PhD, Leader of the Clinical and Risk Factors for Neurodegenerative Diseases Research Group at the BarcelonaBeta Brain Research Center, Barcelona

Frank Jessen, Professor, Director of the Memory Clinic at the University Hospital, Cologne

Miia Kivipelto, Professor, Director of the Center for Alzheimer Research at Karolinska, Institute, Stockholm

Francesca Mangialasche, MD, PhD, Geriatrician, Aging Research Center, Dpt of Neurobiology Care Sciences and Society, Karolinska Institutet, Stockholm

Augusto Mendes, PhD, Senior Postdoctoral Researcher at the Memory Center at HUG. Geneva

Naaheed Mukadam, Associate Professor, Principal research fellow, Mental health of older people, Division of Psychiatry, University College London

Niklas Mattsson-Carlgren, MD, PhD, Associate Professor, Deputy research team manager, Clinical Memory Research at Lund University

Federica Ribaldi, PhD, Assistant Professor at the Memory Center at HUG, Geneva

Ayda Rostamzadeh, MD, Director of the Cologne Alzheimer's Prevention Center at Cologne University Hospital, Cologne

Reisa Sperling, Neurologist, Professor at Harvard Medical School, Boston MA, US

Leonie Visser, PhD, Senior Researcher in Medical Communication at Amsterdam UMC, Amsterdam NL, and the Karolinska Institute, Stockholm.

This programme is not final and maybe subject to change.